



Speech.  
Occupational.  
Physical.

# PEDIATRIC OCCUPATIONAL THERAPY

## WHY IS OCCUPATIONAL THERAPY SO IMPORTANT?

A child's life is made up of occupations and everyday activities, such as;

- playing
- learning
- sleeping and resting
- interacting with friends
- getting dressed
- daily/community routines

Many of us generally don't think about a child's daily occupations until he or she faces challenges doing them. Everyone has occupations-from the toddler whose occupations are playing and learning, to the older child whose occupations are being a student and developing the skills to become more independent. Occupational therapy supports children of all ages by incorporating the activities that are most important to you and your child into the intervention process.

## HOW OCCUPATIONAL THERAPY CAN HELP.

There are many ways occupational therapy can help children. The core of occupational therapy is to promote participation. This can mean;

- helping a child with concentration challenges in order to succeed in school.
- supporting a child with autism to socialize and manage daily routines in the community .
- helping a child who uses a wheelchair to play and interact with his or her peers.



Each child is one-of-a-kind. Early detection is important.

ACME aids parents in developing plans to help improve children's abilities and reach goals.

- helping a child with a developmental disability to get dressed independently.
- helping a child play with toys or use tools such as pencils or crayons, spoons and so much more.

## OCCUPATIONAL THERAPIST (O.T.)

Occupational Therapist (O.T.) address each child's unique skills, needs, barriers, and support systems to help them participate with their peers in any environment.

An occupational therapist will evaluate your child (as well as the environment and the task or activity) and develop individualized goals that address the skills that are important to your child and family. You and the occupational therapist will then work together on an individualized intervention plan to help improve your child's ability to reach these goals. This plan will take into account what your child wants and needs to do, as well as his or her abilities, which may include modifying both the task and the environment to allow your child to be as independent as possible.



## WE CAN HELP!

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